



IWLS

International Wilderness Leadership School

Course Itinerary

This is a flexible trip itinerary that shows the general progression of the trip. Our exact schedule will depend highly on the weather, strength of the group, and time of year.

Day 0: Pre-trip meeting at 6:00 PM (unless otherwise noted) at the IWLS office in Haines. After a brief meet and greet with your instructors and fellow students, we will discuss the course and students' goals and expectations.

Day 1: We'll spend the first part of the day preparing, planning, and packing food and equipment for our expedition into the mountains. We typically try to head out into the mountains by mid-day at the latest. We'll head out into the mountains via airplane, helicopter, 4WD vehicle, or overland on foot depending on conditions, weather, and the specific area that we are accessing.

Day 2-6: The first portion of the trip focuses on snow camping, and general travel techniques on skis, snowshoes, and snowboard. Learn skills including but not limited to: avalanche awareness, safe winter travel techniques, pit analysis, skinning, beacon use, probe use, rescue scenarios.

Day 7-11: Skill intensive mountaineering instruction and application. This portion of the course focuses on the technical skills associated with mountaineering and expedition climbing. We will tie these skills specifically to snowboarding and skiing in this glaciated terrain. Learn skills including but not limited to: rope team travel, self-arrest, cramponing, crevasse rescue, navigation, route finding, emergency protocols, anchors, and belaying.

Day 12: Return to Haines. In the last few days of the course we will have final peer and instructor evaluations. Students will be evaluated on their understanding and completion of the IWLS curriculum.

